Benefits Plus के स्वास्थ्य लाभः



HEALTH BENEFITS OF BENEFITS PLUS

- It has inflammatory properties.
- It is rich in vitamin E, C, Omega 3,6,7,9.
- 3. It helps in promoting the hydrological system.
- It ends constipation and also cures piles.
- 5. It is used to increase fertility and sex drive.
- It reduces the appearance of wrinkles and ageing.
- It helps in eliminating cholesterol and triglycerides from the body.
- It increases concentration and stimulates brain cells by improving memory.
- It promotes bone strength and growth of new bone tissue. It reduces arthritis and spondylitis.
- 10. It stimulates the body's immune system.
- 11. It contains strong antioxidants.
- It helps improve menopause related symptoms and benefits woman's sexual health.
- 13. It strengthens the heart and blood circulatory system.
- It provides the right amount of oxygen to the body and balances the pH level of the body.
- 15. It prevents Alzheimer's disease, arthritis and liver problems.
- 16. Supports blood circulation and rejuvenation of the cells.
- 17. It is beneficial in lowering blood pressure and managing diabetes .
- It increases sperm count and also improves the quality of vesicles, leading to increase the libido and fertility in men .
- 19. It helps in weight loss and boost the immunity system.
- It reduces allergies and prevents inflammation by inhibiting the release of histamine.
- 21. It relieves insomnia, asthma, nausea and whooping cough.
- 22. It keeps the skin hydrated and glowing .
- 23. It prevents age related neuro degenerative disorders and vascular disorders .
- It is rich in copper, manganese and magnesium, which regulate heart rate and blood pressure.
- Specific plant compounds in mangosteen including xanthones have antioxidant and anti-inflammatory effects, which may help fight the development and spread of cancerous cells.

Benefits[™] Plus स्वस्थ रहने की चमत्कारी संजीवनी औषधी Benefits[™] Plus रखे आपकी सेहत का ख्याल

www.usawellness.net www.benefitswellness.in



पहला सुख निरोगी काया

When you lose money, you lose money, but when you lose health, you lose everything. Today 95% of the diseases are due to irregular and uncontrolled eating and drinking habits, pollution level and stress. It is now common that at a very young age people get affected by various major diseases like cancer, diabetes, cardiovascular problems, kidney problems, Arthritis, paralyses, Liver and others. Now the problem is how do we get rid of it?

The only solution here is **Benefits Plus**, which is neither a nutritional product nor multivitamin. It is a complete solution in a bottle that keeps all health problems away from you. It caters to nutritional deficiencies in our body, which we cannot get from any other source. **Benefits Plus** is the solution to all our health related questions like energy, weight management, enhancement of different system, etc. All questions, one answer. The unique formulation **Benefits Plus** is made of 10 stupendous divine herbs such as Noni, Mangosteen, Seabuckthorn, Goji Berry, Shilajit, Blackcurrent, Acaiberry, Sigru, Ganoderma lucidium.

NONI - Noni fruit nowadays is an affront to any introduction in the Ayurvedic world. It is a fruit which has more than 150 nutritional elements. According to the scientist, the use of this fruit can prevent all type of diseases, increases, immunity, fights increasing impotency in men, infertility of woman and irregular menstruation. It's also helpful in removing majestic diseases like cancer, helps in the formation of red blood cells by eliminating tumour cells.





SEABUCKTHORN- Sea Buckthorn has a very old history as a juicy fruit. Consuming it with its medicinal properties, it helps to overcome diseases like cancer, diabetes etc. It is the only fruit which contains Omega 3,6,7,9, fatty acid. According to the scientific studies, properties of sanjivni butti are found in it. In the 80s it was given as a supplement to Russian astronauts and is also a part of the diet of Indian's oldiers.

MANGOSTEEN- Mangosteen fruit is delicious and helps in getting health benefits. Mangosteen fruit contains good amount of almost all types of nutrients and minerals. This fruit is used to keep blood pressure and blood circulation fine, preventing cancer, controlling cholesterol, reducing inflammation and eliminating menstrual troubles and weight Loss. It's also helpful in blood sugar control, relieving hypertension and digestive. Queen Victoria used to take this fruit. Mangosteen contains a unique class of antioxidant, named Xanthones.





MACA ROOT- Maca root is traditionally used in men to increase fertility, improve energy and endurance. This combined vitamins and minerals is a powerful supplement. Maca root is helpful in increasing stamina for wrestlers and sportsmen.

GOJI BERRY — It's not wrong to call Goji Berry an antioxidant. Goji Berry has more than 11 amino acid properties as compared to other herbs of Berry. It has higher antioxidant properties which can be used for diseases like diabetes, heart disease, cancers, stones and it also strengthens immunity.





SHILAJIT - According to Ayurveda, 84 types of minerals are found in Shilajit. It's found in certain rocks. Due to its regular use, it cures lack of blood in the body, irregular heart rate, headache, cold hands, diabetes, dizziness, vaginal discharge and physical weakness. It enhances the happiness of married life.

ACAI BERRY- Acai Berry contains protein, health foods, Omega-3,6,9 and vitamins A, C, E, B1, B2, B3 in abundance. Regular use of it heals skin, weight loss, strengthens the heart and reduces cholesterol. It helps fight Cancer and digestion problems. By which the risk of heart disease is reduced. It is also helpful in improving mental diseases.





GANODERMA LUCIDUM- Ganoderama Lucidum contains strong antioxidants that protects the body from the negative effects of free radicals, which are formed inside the body by daily exposure to sun, chemicals and pollutants. It is very useful for people suffering from Asthma and can bring the good effect in lungs. It also helps to cure cough and cold.

MORINGA - Sigru or Moringa has a history of 4000 years. Its use in earlier cases helps in reducing anaemia, arthritis, joint pain and Constipation. The most interesting fact about sigru is that it is the storehouse of nutrients and medicinal chemical. They are one of the effective supplements due to the powerful antioxidant properties. In addition, they have the ability to positively effect on various body processes, such as eyesight, respiration, digestion, and toxicity.





BLACKCURRANT- Blackcurrant is popularly known as black resins. It is very popular in curing alzheimer's, preventing arthritis, stomach and liver problems. It also works well on menopause, painful periods and cut wounds and insect bite. It is also very effective against loose motions.